Executive Proclamation

State of South Dakota

Office Of The Governor

WHEREAS, The increasing public awareness that a varied, well-balanced diet is essential to good health has carried with it a new awareness of red meat's value in our daily diets; and,

WHEREAS, Average Americans eat four ounces of red meat daily, because it is surprisingly low in calories: three ounces of roasted, trimmed beef contains only 192 calories, three ounces of pork contains only 198 calories and three ounces of lamb has only 176 calories; and,

WHEREAS, Red meat is nutrient dense, having a high ratio of nutrients to calories, as a four ounce serving of red meat provides 45 percent of the recommended daily allowance of protein, 24 percent of the RDA of iron, 26 percent of the RDA of zinc, while supplying significant B-vitamins to our diet; and,

WHEREAS, Fresh red meats contain little sodium, and the cholesterol content of red meat is comparable or less than poultry; and,

WHEREAS, South Dakota ranks ninth in the nation in the populations of cattle and calves and hogs, and ranks fifth in the number of sheep and lambs; and,

WHEREAS, Red meat production is the largest segment of our agriculture industry, our state's largest industry:

NOW, THEREFORE, I, WILLIAM J. JANKLOW, Governor of the State of South Dakota, do hereby proclaim January 26 through February 1, 1986, as

RED MEAT WEEK

in South Dakota.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of South Dakota, in Pierre, the Capital City, this Sixteenth Day of January, in the Year of Our Lord, Nineteen Hundred and Eighty-Six

WILLIAM J. JANKLOW, GOVERNOR

ATTEST:

ALICE KUNDERT, SECRETARY OF STATE

NOTICE OF RECORDS MANAGEMENT - CERTIFICATE OF AUTHENTICITY
I HEREBY CERTIFY THAT THE MICROPHOTOGRAPHIC IMAGE APPEARING ON THIS SLIDE IS AN ACCURATE REPRODUCTION OF RECORDS MICROFILMED IN THE REGULAR COURSE OF BUSINESS ACCORDING TO THE PROVISIONS OF SOUTH DAKOTA COMPILED LAWS 1967, AS AMENDED. I FURTHER CERTIFIED THAT THE PHOTOGRAPHIC PROCESS USED FOR MICROFILMING OF THE ABOVE RECORDS WAS IN A MANNER AND ON FILM WHICH MEETS THE RECOMMENDED REQUIREMENTS OF THE NATIONAL BUREAU OF STANDARDS FOR MICROFILMING PUBLIC RECORDS.
DATE MICROFILMED 1-22-86 ROLL NO. 5
CAMERA OPERATOR